Tukwila Pool Schedule

January 2024 – June 2024

Weekdays			Lap Pool		
Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:45am – 9:00am	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)
9:00am – 10:00am	Lap Swim (6 Lanes)	Water Aerobics	Lap Swim (6 Lanes)	Water Aerobics	Water Aerobics Lap Swim (3 Lanes)
10:00am – 2:00pm	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)	Lap Swim (6 Lanes)
2:00pm – 2:45pm	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
2:45pm – 5:00pm	Swim Teams	Swim Teams	Swim Teams	Swim Teams	Swim Teams
5:00pm – 6:00pm	Mako Sharks	Swim Lessons	Mako Sharks	Swim Lessons	Mako Sharks
6:00pm – 7:00pm	Swim Lessons & Lap Swim	SMAC	Swim Lessons & Lap Swim	SMAC	Swim Lessons & Lap Swim
7:00pm – 8:00pm	SMAC	SMAC	SMAC	SMAC	SMAC
8:00pm – 9:30pm	Swim Teams	Swim Teams	Swim Teams	Swim Teams	Swim Teams

Weekend	Lap Pool		
Hours	Saturday	Sunday	
7:00am – 9:00am	Lap Swim (6 Lanes)	CLOSED	
9:00am – 10:00am	Water Aerobics	CLOSED	
10:00am – 11:00am	Lap Swim (6 Lanes)	Family Open Swim (No Lap Swim)	
11:00 pm – 1:00pm	Family Open Swim (No Lap Swim)	Family Open Swim (No Lap Swim)	
1:00pm – 4:00pm	Family Open Swim	Men's Only Swim 1:30pm – 2:30pm	
4:00pm – 6:00pm	Recreational Rentals	Woman's Only Swim 3:00pm – 4:00pm	

Birthday Rentals Available on Saturdays 4:00pm – 6:00pm – For more info please contact msunderman@tukwilapool.org

Programs and Schedules are Subject to Change – Schedule Updates/Changes will be posted @ www.TukwilaPool.org

Weekdays	<u>Shallow Pool</u>				
Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:45am – 9:00am	Water Walking				
9:00am – 10:00am	Water Aerobics	Family Open Swim	Water Aerobics	Family Open Swim	Family Open Swim
10:00am –2:00pm	Family Open Swim				
2:00pm – 2:45pm	Cleaning	Cleaning	Cleaning	Cleaning	Cleaning
2:45pm – 4:00pm	Swim Teams	Swim Teams	Swim Teams	Swim Teams	Family Open Swim
4:00pm – 7:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Family Open Swim
7:00pm – 8:00pm	Water Aerobics	Family Open Swim	Water Aerobics	Family Open Swim	Water Aerobics

Weekend	Shallow Pool		
Hours	Saturday	Sunday	
7:00am – 9:00am	Water Walking	CLOSED	
9:00am – 11:30am	Swim Lessons	CLOSED	
11:30am – 1:00pm	Family Open Swim	Family Open Swim (Starts @ 11am)	
1:00pm – 3:00pm	Family Open Swim	Men's Only Swim 1:30pm – 2:30pm	
3:00pm – 4:00pm	Family Open Swim	Woman's Only Swim 3:00pm – 4:00pm	
4:00pm – 6:00pm	Rental Opportunity	CLOSED	