HOURS OF OPERATION
Mondays - Wednesdays: 5:45 am to 8 pm
Thursdays: 5:45 am to 9:30 pm
Fridays: 5:45 am to 10 pm
Saturdays: 9 am to 3 pm
Sundays: 11 am to 5 pm

SPECIAL EVENTS
Sept. 15: Safari at the Pool
Oct. 20: Pumpkin Plunge
Nov. 17: Turkey Races
Dec. 15: Winter Fiesta

PROMOTIONS
Sept. 9: Grandparents Day
Grandparent gets in free with one paying child
Nov. 12: Veterans Day observed
Tukwila Pool Metropolitan Park District recognizes
and thanks our nation’s veterans for their service
Veterans get in free with valid ID

FALL 2018 SEPTEMBER • OCTOBER • NOVEMBER • DECEMBER
Visit us online at www.TukwilaPool.org or call 206.267.2350

Harvest Some Fun
1-3 pm Oct. 20
PUMPKIN PLUNGE
Only $3.25 PER SWIMMER

Tukwila residents enjoy the Pumpkin Plunge
**FAMILY SWIM**
Swim your way to better health & fitness.
Monday - Friday 5:45am - 3pm*
Saturday 9am - 1pm*
Sunday 11am - 1pm*
*3 lanes available minimum unless special event
Fees: $3.25 Youth/Vet/Senior; $5 adult non-resident

**FAMILY SWIM**
8-10pm
Fees: $2.50

**LEARN-TO-SWIM GROUP LESSONS**
- Minnows – 3 to 6 years: Students learn simple water safety skills and the basics of all four competitive strokes.
- Sharks – 6 years to 13 years: Students learn basic swimming skills and develop all four competitive strokes.
- Super Strokes – 6 years to 15 years: Students improve their strokes, work on endurance and prepare for team participation.
- Pre-competition – 6 - 18 years: For those who have passed Super Strokes and want to further prepare for competitive team participation.

**SWIM LESSONS**
Swimming is a life long skill that is not only fun and good exercise - it can save your life.
The Red Cross has developed swimming lessons for kids and adults that permit everyone the opportunity to learn in a safe environment, at their own pace. Learn-to-Swim classes taught by certified, knowledgeable, and caring instructors who can help swimmers at every level feel comfortable in the water and progress to the next level.

For more information and to register, go to www.TukwilaPool.org or call 206-267-2350 and click on SWIM LESSONS. Unless otherwise noted, every Learn-to-Swim group class is offered during each of the sessions listed in the column to the right. After the Sign up Begins date, go to www.tukwilapool.org or call 206-267-2350 for exact times and to register.
- Evening lessons are between 4 - 8pm
- Saturday (Women Only) lessons are between 3:30 - 5:30 pm
- Saturday lessons are between 9am - Noon

**ADULT LESSONS – 16 years and older**
- For adults and older teens interested in learning basic water safety and swimming skills.
- Other Lessons
  - Private and Semi-Private Lessons
  - Available upon request at 206-267-2350.
- Parent & Tot – 6 months to 3 years
  - Help your tot become comfortable in the water and learn how to them basic swimming skills.
- Gender Specific Swim Lessons – 13 and older
  - Men’s classes scheduled with sufficient demand.
  - Women’s lessons available on Sundays.

**SIGN UP**
- For more information and to register, go to www.TukwilaPool.org or call 206-267-2350 and click on SWIM LESSONS.

**SPECIAL OCCASION LESSONS**
- Labor Day 7am - 3pm
- Thanksgiving Closed
- Christmas Eve 7am - 3pm
- Christmas Day Closed
- New Year’s Eve 7am - 3pm
- New Year’s Day 7am - 3pm
- Holiday Open Swim – Dec 26 - Jan 4, 1-3pm

**SPECIAL EVENTS**
- Special Events – 6 years to 13 years
  - For those who have passed Super Strokes and want to further improve their strokes, work on endurance and prepare for team participation.
- Competitive Swimmers – 13 and older
  - Men’s classes scheduled with sufficient demand.
- Women’s lessons available on Sundays.

**Fees:**
- **$2.50** Youth/Vet/Senior; **$5.00** Adult non-resident
- **$3.25** Youth/Vet/Senior; **$4.50** Adult resident
- **$4.50** Adult non-resident

**LAP SWIM**
Water supervising all children 6 years and younger.
1/2 the shallow end only. An adult must be in the pool at all times.
Fees: Water Aerobics – $5 Vet/Senior; $6.50 Adult

**WATER EXERCISE CLASSES**
- Water is ideal for rehabilitation and physical therapy for anyone seeking a low impact exercise.
- Water Aerobics: Mon 9-10am Wed 9-10am
- Water Aerobics (shallow end): Fri 5:30 - 6:30pm
- Deep Water Aerobics (deep end): Sun 11am - Noon

**REGISTRATION**
REGISTER ONLINE at www.TukwilaPool.org

**DAYCARE**
For more information and to register, go to www.TukwilaPool.org or call 206-267-2350 and click on SWIM LESSONS.
- Evening lessons are between 4 - 8pm
- Saturday (Women Only) lessons are between 3:30 - 5:30 pm
- Saturday lessons are between 9am - Noon

**DROP-IN FEES**
- Lap/Open/Family
  - Drop-in Fee Lap/Open/Family: **$2.25** Resident; **$3.25** Non-resident
  - Drop-in Fee Lap/Open/Family: **$4.50** Resident; **$5.00** Non-resident
- Swim/Water Walk
  - Drop-in Fee Swim/Water Walk: **$2.25** Resident; **$3.25** Non-resident
  - Drop-in Fee Swim/Water Walk: **$4.50** Resident; **$5.00** Non-resident
- Water Exercise
  - Drop-in Fee Water Exercise: **$5.00** Resident; **$6.50** Non-resident

**SCHOLARSHIPS**
We believe that swimming is an essential life skill and that all kids should have an opportunity to learn to swim. Contact us about scholarship opportunities.

**POOL RENTALS**
The entire pool or a section is available for rental upon request.
Contact the pool at 206-267-2350 for details, or check the website.
### LAP POOL

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<thead>
<tr>
<th>Hours/Day</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>5:45-9am</td>
<td>Lap Swim 5:45-9am</td>
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<td>Open Swim or Special Event on third Saturdays 1-3pm</td>
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<tr>
<td>3:30-6:30pm</td>
<td>HS Swim Team 3:40-3:30pm</td>
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<td>9am-1pm</td>
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### SHALLOW POOL

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<td>Men-only Gender Swim 8-9:30pm</td>
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SCHEDULE SUBJECT TO CHANGE