WINTER 2018

JANUARY • FEBRUARY • MARCH • APRIL

TUKWILA POOL

We're all in!

4414 S 144th St
Tukwila, WA

HOURS OF OPERATION

Mondays - Wednesdays: 5:45 am to 8 pm
Thursdays: 5:45 am to 9:30 pm
Fridays: 5:45 am to 10 pm
Saturdays: 9 am to 3 pm (rentals 3-5 pm)
Sundays: 11 am to 5 pm

SPECIAL EVENTS

Every third Saturday, 1-3 pm • Only $3.25
January 20: Luau
February 17: Candyland
March 17: Spring Egg Hunt
April 21: April Pools Day (Free Event)

Visit us online at www.TukwilaPool.org • or call 206.267.2350

WATER EXERCISE CLASSES

Water is ideal for rehabilitation and physical theraphy for anyone seeking a low-impact exercise	
Water Aerobics (low impact)	Mon: 9-10am Wed: 9-10am
Water Aerobics (high impact, shallow end)	Fri: 5:30-6:30pm
Fees: Water Aerobics – $5 Vet/Senior, $6.50 Adult	

LAP SWIM

Swim your way to better health & fitness.	
Monday - Friday	5:45am-3pm*
Saturday	9am-1pm*
Sunday	11am-1pm*
*3 lanes available minimum unless special event **Fees:** $3.25 Youth/Vet/Senior, $4.50 adult resident $5 adult non-resident	

OPEN SWIM

Entire pool available, including the Big Slide and Diving Board for those who pass the deep-water test	
Saturday & Sunday	1-3pm
Fees: $3.25 Youth/Vet/Senior, $4.50 adult resident $5 adult non-resident	
Early Release Wednesdays School Holidays	1-3pm
Fees: $3.25 Youth/Vet/Senior, $4.50 adult resident	
Friday Teen Late Night	8-10pm
Fees: $2.50	

No School? Come to the pool!

$2.50 Open Swims

Jan. 1 (New Year's Day)	Jan. 15 (MLK Jr. Day)
Feb. 2 (Staff Day)	Feb. 19 (Presidents Day)
Feb. 20-21 (Mid-winter Break and Snow Day)	
April 2-6 (Spring Break)	

FAMILY SWIM

The shallow end only. An adult must be in the water supervising all children 6 years and younger	
Monday – Friday (Fri evening starts at 6:30)	11am-1pm 7-8pm
Saturday & Sunday	11am-1pm
Fees: Youth/Vet/Sr - $3.25, Adult - $4.50 resident Adult - $5 non-resident	

SWIM LESSONS

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Swim Lesso

YOU CAN
Register Online
tukwilapool.org

Learning to swim is a life-long skill that is not only fun and good exercise – **it can save your life.**

The Red Cross has developed swimming lessons for kids and adults that allow everyone the opportunity to environment, at their own pace. Learn-to-Swim classes are taught by certified, knowledgeable and caring in can help swimmers at every level feel comfortable in the water and progress to the next level.

For more information and to register, call 206-267-2350 or go to: tukwilapool.org and click on **SWIM LESS**

Unless otherwise noted, every Learn-to-Swim group class is offered during each of the sessions below. Afte Begins date, go to www.tukwilapool.org or call 206-267-2350 for exact times and to register.

- Evening lessons are between 4 and 8pm
- Sunday (Women Only) lessons are from 3:30 to 5pm
- Saturday lessons are between 9am and

LEARN-TO-SWIM GROUP LESSONS

Minnows – 3 years to 6 years
Students learn simple water safety skills and the basics of all four competitive strokes.

Sharks – 6 years to 13 years
Students learn basic swimming skills and develop all four competitive strokes.

Super Strokes – 6 years to 15 years
Students improve their strokes, work on endurance and prepare for team participation.

Pre-Competition - 6-18 years
For those who have passed Super Strokes and want to prepare for competitive team participation.

Adult Lessons – 16 years and older
For adults and older teens interested in learning basic water safety and swimming skills.

Masters Group - 18 years and older
Practice for adults with focus on endurance, stroke technique. From beginner to advanced triathalons or open water events.

OTHER LESSONS

Private and Semi-Private Lessons
Available upon request at 206-267-2350

Parent & Tot – 6 months to 3 years
Help your tot become comfortable in the wa how to teach them basic swimming skills.

Women or Men Only Swim Lessons – 1
Women's lessons available on Sundays, whil lessons available upon request during Thurs Men's Swim.

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SWIM LESSON SESSIONS

Session Dates	Days of the Week	Classes per Session	Fees (Resident Non-Resident)	Signup Begins
Jan. 8-Jan. 31	M/W	8	$48/$56	Jan. 1
Jan. 9-Feb. 1	Tu&Th	8	$48/$56	Jan. 1
Jan. 13-Feb. 3	Saturday	4	$24/$28	Jan. 1
Jan.14-Feb. 4	Sunday	4	$24/$28	Jan. 1
Feb. 5-Feb.28	M&W	8	$48/$56	Jan. 29
Feb. 6-Mar. 1	Tu& Th	8	$48/$56	Jan. 29
Feb. 10-Mar. 3	Saturday	4	$24/$28	Jan. 29
Feb. 11-Mar. 4	Sunday	4	$24/$28	Jan. 29
Mar. 5-Mar. 28	M&W	8	$48/$56	Feb. 26
Mar. 6-Mar.29	Tu&Thu	8	$48/$56	Feb. 26
Mar. 10-Mar. 31	Saturday	4	$24/$28	Feb. 26
Mar. 11-Apr. 1	Sunday	4	$24/$28	Feb. 26
Apr. 9-May 2	M&W	8	$48/$56	Apr. 2
Apr. 10-May 3	Tu&Th	8	$48/$56	Apr. 2
Apr. 14-May 5	Saturday	4	$24/$28	Apr. 2
Apr. 15-May 6	Sunday	4	$24/$28	Apr. 2

LIFEGUARD CERTIFICATION

15 years and older (28 hours of instruction time)
Become American Red Cross Lifeguard certified.
Prerequisites: Prior to this class, students must demonstrate swimming certain swimming capabilities. Those prerequisites are detailed, along with class information, on our website.
Cost including prerequisites test fee: $150 residents/$175 non-residents. If you apply for the Lifeguard Trainee program and work for the Tukwila Pool for 11 weeks, your course fees may be reimbursed to you.
Scholarships are available.

SCHOLARSHIPS

Swimming is an essential life skill and we are dedicated to making swim lessons availble to as many kids as possible. Contact us about affordable scholarships.

Based on Need
50-100%
SCHOLARSHIPS
Visit:
tukwilapool.org

DROP-IN AND PASS FEES

YOUTH/VETERAN/SENIOR		ADULT	
Drop-in Fees		**Drop-in Fees**	
Lap/Open/Family Swim/Water Walk		Lap/Open/Family Swim/Water Walk	
Resident	$3.25	Resident	$3.25
Non-resident	$4.50	Non-resident	$5
Water Exercise		Water Exercise	
Resident	$5	Resident	$6.50
Non-resident	$5	Non-resident	$6.50
Special Events		Special Events	
Resident	$3.25	Resident	$3.25
Non-resident	$3.25	Non-resident	$3.25
No School		No School	
Resident	$2.50	Resident	$2.50
Non-resident	$2.50	Non-resident	$2.50
10 Punch Card		**10 Punch Card**	
Resident	$28	Resident	$40.50
Non-resident	$29.25	Non-resident	$45
1 Month		**1 Month**	
Resident	$31	Resident	$39
Non-resident	$43	Non-resident	$54
3 Month		**3 Month**	
Resident	$72	Resident	$115.50
Non-resident	$91	Non-resident	$145
12 Month		**12 Month**	
Resident	$206	Resident	$339
Non-resident	$260	Non-resident	$426
1 Month Family Pass	Good for 2 adults and their kids		
	Resident		$85
	Non-resident		$108

AGE CLASSIFICATIONS
Youth: 3-17 years • **Adult**: 18-54 years • **Senior**: 55 and older
Younger than 3: Free
Proof of Tukwila residency OR proof of employment in Tukwila is required to be eligible for Resident Pass rate

POOL RENTALS

The entire pool or a section is available for rental upon request. Contact the Aquatics Manager for details or check the website.

Find us on Facebook

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LAP POOL

Hours/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45-9am	Lap Swim	Lap Swim Master Swim 5:45-6:45am	Lap swim	Lap Swim Master Swim 5:45-6:45am	Lap Swim	Closed	Closed
9-1pm	Lap Swim	Lap swim	Lap swim	Lap Swim	Lap swim	Lap swim	Lap Swim 11am
1-3pm	Lap Swim School District	Lap Swim School District	Lap Swim School District	Lap Swim School District	Lap Swim School District	Open Swim	Open Swim
3-6:30pm	Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	Party Rentals	Women only Gender Swim 3:30-5pm
6:30-8pm	Lap Swim 6:30-8pm Swim Team 6:30-7pm	Lap Swim 6:30-8pm Swim Team 6:30-7pm	Lap Swim 6:30-8pm Swim Team 6:30-7pm	Lap Swim 6:30-8pm Swim Team 6:30-7pm Men only Gender Swim 8-9:30pm	Lap Swim 6:30-8pm Swim Team 6:30-7pm Open Swim/ Teen Night 8-10pm	Closed	Closed

SHALLOW POOL

Hours/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45am-1pm	Water Walking 5:45-11am Water Aerobics 9-10am Family Swim 11am-1pm	Water Walking 5:45am-1pm Family Swim 11am-1pm	Water Walking 5:45-11am Water Aerobics 9-10am Family Swim 11am-1pm	Water Walking 5:45am-1pm Family Swim 11am-1pm	Water Walking 5:45am-1pm Family Swim 11am-1pm	Swim Lessons 9am-Noon Family Swim 11am-1pm	Closed until 11am
1-3pm	School District 1-2:30pm	School District 1-2:30pm	School District 1-2:30pm	School District 1-2:30pm	School District 1-2:30pm	Open swim or *Special event on third Saturdays*	Open swim 1-3pm
4-7pm	Lessons	Lessons	Lessons	Lessons	Family swim 6:30-8pm Water Aerobics 5:30-6:30pm	Party rental	Women only Gender Swim 3:30-5pm
7-8pm	Family Swim	Family Swim	Family Swim	Family Swim Men only Gender Swim 8-9:30pm	Open swim Teen Night 8-10pm	Closed	Closed

TUKWILA POOL

Next to Foster High School

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